**SUTTON HEATH PARISH COUNCIL**

***NEWSLETTER***

**Sutton Heath Parish Councillors:**

**Chair:**         Louise Chalklen      01394 766576

**Vice Chair:**  Nick Ward                  01394 461447

**Councillors:**      Roy Hirst 01394 460411

**Issue No 31**

**May 2021**

Rob Merriam 01394 461385

Adelle Betteridge 07814 388151

Elaine Prokopowycz 07493 873942

Sharon Hadley 01394 461140

**Parish Clerk:** Marion Merriam 07541 747679

Email: [suttonheathclerk@yahoo.com](mailto:suttonheathclerk@yahoo.com)

Website: <http://www.suttonheath.onesuffolk.net/>

**If anyone vulnerable is in any need ie shopping, collecting prescriptions, posting letters etc please contact the Parish Clerk or one of the Councillors on the numbers above and we will try to help. Remember - we are here for YOU!**

**HELLO**

… and welcome to the new Chaplain/Padre at Rock Barracks, Trevor Homfray-Cooper, and his wife Zoe:

“On the first Sunday of the month, starting on 4th July, I will be leading a short service in the Prayer & Community Room in the Barnsdale Centre, at 4pm. We will be talking about a big subject each time and there will be plenty of time for discussion, tea and cake. Our first topic in July asks ‘What is life all about?

We are calling ourselves ‘Rock Church’, although it will not be church as perhaps you have experienced before! This meeting/service is open to all, families, individuals, those of faith and those of no faith - everyone is welcome.

If you have any questions please message or call me on 07976 203278 or email [padretrevorhc@gmail.com](mailto:padretrevorhc@gmail.com). Trevor and Zoê”

**USE IT - SO WE DON’T LOSE IT**

* **The 71 Bus Service.**  So encouraging to see the bus being used a little more. If you haven’t used it yet – please give it a go! Here is a note of the times from Rock Barracks to Woodbridge and return:



***Mon-Fri***

**Rock Barracks dep 0733 0920 1120 1320 1450 1650**

**Woodbridge arr 0749 0936 1136 1336 1506 1706**

**Woodbridge dep 0905 1105 1305 1435 1635 1745**

**Rock Barracks arr 0917 1117 1317 1447 1647 1757**

***Sat***

**Rock Barracks dep 0920 1120 1320 1535** *Adult fare - £2.90 return*

**Woodbridge arr 0936 1136 1336 1551** *Under 19 - £2 return*

**Woodbridge dep 0905 1105 1305 1520 1735**

**Rock Barracks arr 0917 1117 1317 1532 1747**

* **The mobile Post Office** comes to the Community Store car park each Thursday **9-10am**. Saves a trip to Woodbridge by car … unless you’re going to use the bus …!
* **The mobile library** has resumed its visits. It has a great stock of books for all ages. It will next be here **1200-1220** on the following dates: **23 June, 21 July, 18 Aug, 15 Sept, 13 Oct, 10 Nov and 8 Dec.** You will find it in the Community Store car park.

**DATES FOR YOUR DIARY:**

* **Saturday 26 June 1200-1600**. ***Yard Sale***. A map of participating houses will be put together and circulated. More info to follow …
* **Thursday 1 July 1900*-2100.*** ***Bingo.*** This will resume and be held every two weeks in the community room behind the childcare facility. £9 a book and all money will be shared as prizes on the night. Bring your own refreshments.
* **Wednesday 7 July 1300-1500. *Gardening Club*.** Anyone who would like to come along and help Sharon and the gardening team spruce up the community gardens will be made very welcome. Please bring your own tools initially, if you have any, as there may be some seedlings to plant … but if you don’t, please come along anyway. **If you have any spare hand tools to donate they would be very much appreciated.**
* **Wednesday 7 July 1500-1800**. ***Wellness Wednesday*** in the Crompton Hall. This is an opportunity for the community to get together, initially every three weeks, over tea/coffee/squash – and biscuits - and share their skills/hobbies with each other. Small businesses from the estate are welcome to come and show their products. All welcome.

**~ At all these community events please *#besociallyaware ~***

**HAVE YOU NOTICED …**

… that there is now a Buddy Bench in Rock Gardens? It works like this: If you feel isolated or lonely and would like a chat with someone, then go and sit on the Buddy Bench and hopefully someone will come along and chat with you. Likewise, if you see someone sitting by themselves on the Buddy Bench – go and have a chat with them.

**CHOIR**

As Sutton Heath Singers have disbanded, if anyone is interested in setting up and running a choir for our community, they too will have the support of the parish council. The Crompton Hall continues to be available as a venue.

**DID YOU KNOW …?**

… there is a **Suggestions Box** behind the Community Notice Board**?** The parish council meet every two months and consider any suggestions received.

**SPEEDNG**

The Parish Council continue to look at ways of addressing this problem. With the weather improving and many young children around and some on skateboards, the speed should be 20mph - **20’s plenty**!



**YOUR DISTRCT COUNCILLOR ~ JAMES MALLINDER**

“Due to Covid-19 I have not been able to hold surgeries in the last year. However, I am still here to help you. Please do not hesitate to contact me with any questions or concerns.”

Email : James.mallinder@eastsuffolk.gov.uk

Phone : 07810 815879